# EC CAMPS Weekly Newsletter

### Week 2











### Shorashim

Mad Science Week at Camp – Full of Fun,

Experiments & Surprises! 🔬 🥒

Dear Parents,

What a wildly fun and wonderfully wacky second week of camp we had—it was Mad Science Week, and things definitely got a little experimental around here!

From fizzing explosions to floating counselors (yes, really!), our campers dove into a week full of hands-on activities that brought science to life in the most entertaining ways. We learned that sometimes science works... and sometimes it doesn't—and that's all part of the fun!

Here are just some of the exciting things we did this week:

Splash Pad Adventures – We kept cool and had a blast outdoors!

Counselor Challenge – We taped a counselor to a tree and tested if they'd float or fall. Spoiler: gravity always wins!

DIY Ice Cream – Campers tried their hand at making homemade ice cream. It didn't freeze—but that's science for you!



HORASHIT





\*\*Puffy Paint Creations – Using shaving cream, glue, and paint, we created 3D art and watched it dry into colorful textures.

Homemade Play Dough – We mixed up our own squishy dough and had a blast molding it into creative and crazy shapes!

Shrinky Dinks – Campers decorated plastic sheets and then watched them shrink into cool charms and keychains!

∠ LED Pens & Scratch Cards – We had fun with light-up pens and mystery scratch-off cards that revealed hidden colors and messages.

Slurpee Walk – A refreshing mid-week treat and a fun field trip to cool down and sip something sweet.

Baking with Shirlle – Always a crowd favorite! This week's treats were both fun to make and delicious to eat.

Bubble Show Extravaganza – A bubble artist amazed us with giant bubbles, bubble tricks, and even let campers stand inside a bubble!

Woodworking Project – Campers got crafty by painting wooden frames and adding a special camp photo—a perfect keepsake to remember this amazing summer.

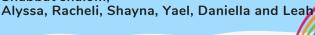
Coke & Mentos Experiment – Our classic science eruption was as fizzy and fun as ever!

Lava Lamps – We made mini lava lamps using oil, water, food coloring, and fizzy tablets. So cool to watch!

Challah Baking & Shabbos Party – We ended the week with warm, homemade challah and a joyful Shabbos celebration.

This week reminded us that science is full of surprises—sometimes messy, sometimes magical, and always amazing. We're so proud of how curious, creative, and adventurous our campers were as they explored the world around them.

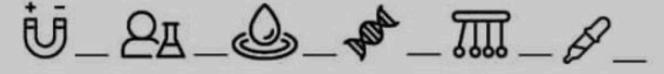
We can't wait to see what next week brings! Shabbat shalom,

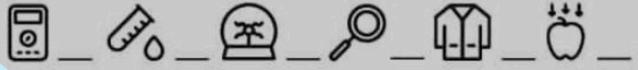


# I SPY SCIENCE THE COLUMN TO THE COLUMN THE













# Ice Cream in a Bag Experiment

#### **Ingredients**

- 1 cup half-and-half
- 2 Tbsp. granulated sugar
- 1/2 tsp. pure vanilla extract
- 3 cups ice
- 1/3 cup kosher salt
- Toppings of your choice

#### Directions

#### Step 1

• In a small resealable plastic bag, combine half-andhalf, sugar, and vanilla. Push out excess air and seal.

#### Step 2

 Into a large resealable plastic bag, combine ice and salt. Place small bag inside the bigger bag and shake vigorously, 7 to 10 minutes, until ice cream has hardened.

#### Step 3

 Remove from bag and enjoy with your favorite ice cream toppings.

Try this at home with your friends and family and send a picture to Racheli, Shayna or Alyssa to win a prize!





#### Dear Parents,

Baruch Hashem, Week 2 at camp has been absolutely amazing! Our journey Around the World continues to bring non-stop excitement, creativity, and fun — and we can't wait to share some of this week's highlights with you.

Monday took us to the beautiful land of Japan, where the campers got a taste of Japan by making delicious candy sushi, mastering the art of origami, and playing an exhilarating game of Minute to Win It. Each girl had just 60 seconds to complete fun, fast-paced challenges — the competition was fierce and filled with laughter!

On Tuesday, we ventured out for an incredible full-day trip to Treetop Trekking and OPLA. Climbing Centre! Campers soared through the trees, tackled climbing walls, and challenged themselves with courage and teamwork — it was a trip to remember!

Wednesday brought us to Zzzambia (Pyjama Day) — a relaxing and luxurious day that began with a refreshing swim. We then decorated cozy sleeping masks, enjoyed making yummy drinks, and entered the peaceful world of the Zzzambia Spa, run by our talented 5th-8th grade girls. Campers were treated to manicures, hair styling, face masks, massages, and more — pure bliss!

On Thursday, we celebrated MARYland, with one of our most unique and fun themes yet — a mock wedding! From dressing up and decorating elegant wedding cupcakes to a hilarious flash mob competition, the energy was unforgettable. Campers also enjoyed woodworking and a cool-down Slurpy Walk. Our older girls capped off the day with an amazing trip to the cottage, filled with swimming, a barbecue, and so much bonding and fun.

We wrapped up the week on Friday with a peaceful nature hike through scenic trails, followed by a beautiful Shabbos party.

We are so proud of all the girls and are looking forward to even more unforgettable experiences in Week 3!

**Hudy Laufer & Shayna Froom** 





# Start learning the camp song!

#### [Intro] Let's go!

[Verse 1]
Segulah, Otzros, Shorashim, Hachaim!
We are מְקַדֵּשׁ שֵׁם שָׁמִיף!
Trips and leagues, we give our best,
So much to do — no time to rest.
So much hype, excitement in the air,
This is what I've been waiting for all year!

[Pre-Chorus]
Na na na! Na na na-na-na!
Na na na! Na na na-na-na!
Let's go E-C!
Na na na! Na na na-na-na!
Sing it loud with me!
Na na na! Na na na-na-na!
Na na na! Sing it loud with me!

# [Chorus] E-C Camps — the place to be! So much fun for you and me! Every day, I feel alive — This is where we grow and thrive! So much Ruach, we're on fire — Let's go E-C! 1-2-3, GO!

[Post-Chorus] Na na na, na na na-na-na! Na na na, na na na-na-na! Na na na, na na na-na-na! Let's gooooo — E-C Camps!





#### [Verse 2]

Torah, sports, and crazy fun, I'm smiling big from day one! Every bunk, so much unity, At E-C Camps, I feel so free!

#### [Bridge]

Na na na, na na na-na-na!
Ohhh oh oh, oh oh oh-ohhh!
Na na na, na na na-na-na!
E-C Camps — come sing along!
Na na na, na na na-na-na!
Oh oh oh
Na na na, na na na-na-na!
Na na na, na na na-na-na!
Ohhh oh oh
We sing it loud - we lift it up!

[Final Chorus]
E-C Camps — the place to be!
So much fun for you and me!
Every day, I feel alive —
This is where we grow and thrive!
So much Ruach, we're on fire —
Let's go E-C! 1-2-3, GO!

[Outro]
Na na na, na na na-na-na!
Ohhh oh oh
Na na na, na na na-na-na!
Na na na, na na na-na-na!
Ohhh oh oh
Na na na, na na na-na-na!

[Final shout]
E-C Camps — BEST SUMMER EVER!



### Candy Sushi!

### **Candy Sushi**

- 3 cups Rice Krispies cereal
- 1 package of marshmallow fluff
- Fruit Roll-Ups (colorful ones work best)
- Sour sticks or gummy worms















### Otzros Grade 1-2



Davener of the week: Ruby B Camper of the week: Mindy L

Dear Bunk 1&2, What a fantastic week we had! Each day was filled with games and fun! I very girl has so much fun energy and we can't wait for next week. Keep up your great spunk!

Love Esty and Hadassa





### GRADE 3&4 NEWSLETTER

**OTZROS 25** 

DEAR SAUCY NOODLES,
WOW, WOW! THE TIME
IS FLYING BY! WE CAN'T
BELIEVE THAT WE'RE
FINISHING ANOTHER
AWESOME WEEK! WE CAN'T
WAIT FOR THE REST OF THE
SUMMER WITH THE MOST
AMAZING, SPUNKY, AWESOME
BUNK!
GET PSYCHED FOR EVEN

MORE FUN TOGETHER!

### **FUN FACTS**

- we are officially the biggest bunk. (shout out to all our new campers!)
- we have an imaginary camper named Gabriella.
- we are raffling off two beautiful towels at the end of camp ( stay tuned for the tickets next week)



### **LAFFY TAFFY JOKES:**

- · why did the moon skip dinner?
- Whats a place thats water?
- Oceans are so friendly, they like to wave to you.

It was full!! .Washington.



, MIMI SAUCY &
MIRIAM NOODLE

# Otzros Grade 5-8

This week started out on an amazing start in Japan with candy sushi and chopsticks. On Tuesday we went treetop trekking and challenged ourselves in the obstacle courses. Thursday was spa day and we ran the spa with nails massage and hair. We did an awesome job and no one wanted to leave our spa! We ended off the week with a bang in the cottage swimming and canoeing. Looking forward to another smashing week!

Miriam and Avigail









# Camp Segula and Hachaim Director

Director's Corner with Mr. Laszlo

"Of Bubbles and Branches"

If you had asked me last week, "Which is more tiring: bouncing nonstop at an inflatable park or climbing through the treetops?" — I would've confidently answered:

"Neither. I'm a camp director. I sit at a picnic table and look important."

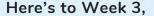
Well... this week proved otherwise.

Camp Segula headed into the forest for an epic adventure at Treetop Trekking, swinging, zipping, and balancing high above the ground like a pack of very enthusiastic monkeys. Meanwhile, Camp HaChaim entered The Bubble — a land of massive inflatable obstacle courses, slides, and bouncy chaos. It was like being trapped inside a balloon filled with sugar and ruach.

I watched from the sidelines (okay, from a picnic table) and couldn't help but smile — not just because the campers were having fun, but because they were pushing themselves. Whether it was a camper who braved the zipline for the first time, or one who laughed off a wipeout in the foam pit, there were dozens of moments where kids surprised themselves and each other.

That's what camp is all about: discovering what you're capable of, even if it means getting a little muddy or very, very sweaty in the process.

Huge thanks to our staff for guiding, spotting, cheering, and occasionally sprinting across inflatable trampolines. And to our campers: keep climbing, bouncing, and reaching for new heights — we're so proud of you.



Mr. Laszlo





# Camp Hachaim Head Counsellors

This week in Camp Hachaim has been incredible! The boys have jumped into fun, exciting and even intense activities that kept everyone energized and smiling.

Grades 1-2 and 3-5 took on the Paper Clip Challenge, where each bunk raced to collect 5,000 paper clips from different classrooms and build the longest paperclip chain. The winning bunks earned a Slurpee walk!

Grades 1-2 also showed off their creative side in a canvas drawing contest. The campers impressed everyone with their artistic skills, and the best drawing won a special prize!

The fun didn't stop there. Campers battled it out in Capture the Flag, including an epic round of 30 campers vs. 5 counselors. No surprise here – the campers dominated (better luck next time, counselors 😂).

And that's only the beginning – there's been so much more packed into this week and even more amazing moments waiting to be experienced!

Rabbi Myerowitz and Naftali Lebowitz







# Camp Segula and Hachaim

















### Tzelem Director

### Dear Parents,

What a fantastic second week it's been at Camp Tzelem! The boys continue to amaze us with their energy, excitement, and most of all—their incredible middos.

This week, we've been learning Pirkei Avos, focusing on what it really means to be a good friend. It's beautiful to see how the boys are bringing those lessons into their day—whether it's in a game, during davening, or just while sharing their snacks. They're truly setting the tone with their warmth and ahavas Yisrael.

From baking cookies to building balloon towers, this week was packed with hands-on fun. We hit up Timber Creek for a mini-golf adventure—some of the boys even got hole-in-ones! Back at camp, Mr. McKillop led a "cyber bricks" session (ask your kids what that means—it's cooler than it sounds), and we made sure to get some treats in.. sushi... candy-style! Many boys even made theirs with siblings in mind—how sweet is that?

We also rolled up our sleeves and got creative with painting, and of course, some good scavenger hunts.

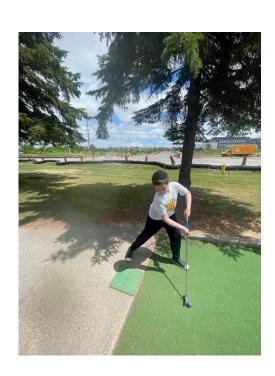
Next week, the excitement ramps up even more—we're heading to Wet 'n' Wild for what's sure to be a highlight of the summer! Please make sure to sign up if you haven't yet.

And one more bit of exciting news... the feedback has been so positive, and the boys are having such an amazing time, that we're actively considering extending camp! Stay tuned ©

Warmly, Rabbi Josh Toledano Director, Camp Tzelem



# Tzelem campers!















# Camp Hachaim Team: Rotmans Raptors

Name:	Basketball PPG	Baseball Hits	Baseball RBI	Soccer Goals			Football TD'S
N.T Oberstein			1/3	2			
Aryeh Rutman							2
Eitan Fixler	2	3	1	1	2		4
Huda Haber	16			5	14	1	2
							0
		I	IOTM	IANS	5)	1	
		17		rat			
		2	1				
		1			''		
Yedidya Alter	2	3	3				



# Camp Hachaim Team: Nunu's Nightwings

Name:	Basketball PPG	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Yehuda Stochinsky		6	4		1/1	2	
Shmuel Kass		4		۸		2	
Nate Miskin	2	3				1	
Akiva Tobias	4 🧏	1			1/1/1	7	1
Yoshi Locomotive	74	4	3 1			3	9
FAFA Kartuz	2	4 7	N	INII'S		3	
Dov Rosensweig	2		CH	FLATIN		<b>3</b> 4	
Shemuel Benedid						2	1
Avrumi Flusberg			2	Nak		231	
Yonatan Fhima		4	2				
Uziel Younger	4	2	3	$\bigvee$			
Ami Buzaglo	6	1		V	0	Meta Al	



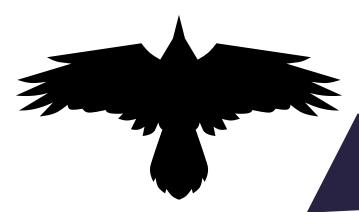
Glide through the dark, leave your mark

Go Nunu's Nightwings!



### Camp Hachaim Team: Rutmans Ravens

Name:	Basketball PPG	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Koby Aziza		2	3	A	2	1	
Ezra Nacson	4	5	5	$\bigwedge$ $a$			
Naftali Taylor		<b>\fi</b> 1					1
Avi Stark	2	5	1			3	
Yaakov Crombie	12	5	5	2	11	2	6
Dovi Marder	161	4 ((	_2	The state of the s	6	1	
Lev Eizikovitz		F4-1				With the second	
Binyamin stern	100	PUTA	AN'S	W.	TOT	60	
Gabriel Padro		500			1		
Yosef Krepel	2	IM				72	
Noam kordasz	2	13				1	3
Shmuel Reichman					01	eta Al	



Brains and wings

Ravens rule all things



# Camp Hachaim Team: Jacob's Genies

f	Name:	Basketball PPG	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultim TD'	ootball TD'S
Ш	Avi Wald		100			4		
Ш	Levi Stark		3-				1	1
	Ariel Zvulony	14	2	1 1		86		
	Yair Rosenberg	2	2	22			2	3
	Ovadia Azulay	26	2	4 5	CAD	20		1
	Shua Belzberg	2	4			3	1	3
	Eliyahu Kandinov	-(1)			13/	3 0	1	1
	Zev Hochman		4					
	Yehuda Roth	2	2		M			
	Tzvi London		$\leq_1$					
	Moshe Bern		1					
	Yedidya Shtup	/	1				140.11	1



# Camp Hachaim Team: Nissim Knights

Nissim:	Basketball PPG	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Amram Benmergui	12	7	3	21	M	1	1
Chaim Cowen	2	7	2	2			2
Kaleb Blum		2		<b>○ 2</b>	2	2	
Mark Benbihy	10	4	2		5		1
Yoni Haber	18	74	I V	1)	i)		2
Ezra Levine	6	1 0					1
Jack Rapp			0/1	7			
David Meckler		1	June				
Avi Karen							
Avraham Minuk				GHI			
Yosef Ohayon	2	5	5		1		



Bold and brave, we fight to win

Go Knights, let's begin!



### Camp Hachaim Team: Rabkins Razorbacks

П	Ezzie Rabkin	Basketball PPG	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
l	Yishai Wagowsky			THE STATE OF THE S		PAR I I I I		
	Caleb Berkowitz	4				War to		
	Leib Recht							
	Gadi Lauterpacht	4	1			2		
	Aaron Rosner			RA	BKINS	4		1
	Benny Barda			701	DA			
	Ezra Levy	6	KA	<b>4U</b> I	Y D A			11
	Chaim Piha			_~~				
	David Mostovy		A Property			124		
	Ezra Gelkopf					I		



Razor-sharp and wild at heart

Rabkin's ready to tear it apart!



# Camp Hachaim Team Standings

Team	Wins	-Losses	Ties
NISSIM KNIGHTS	7 =	3	0
Michigan S	5	3	2
S JAMES CENTES	5	-4/	1
PAVENS	4	5	1
RAZORBACKS	4	6	0
RAPTORS	3	7-7	0



### Camp Segula Team: Avi's Anacondas

Ani Dayon	Dackathall Daint	Dassball Ilits	Doort of DRI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Mordi Kadoch	68	3	7	8	5	4	5
Noam Lapidus			9	2	-#	2	2
Zevi Stark	5	2	2	2	- 3/	4	1
Ami Fenig			11			1	
Ezra Levy	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	4				4	1
Moshe Posner	4		4/1		2	3	
Aaron Edell		2	1	2	6	4	1
Moshe Bobrowsky		1	AVI	T'C	T HE		1
Gavi Durbach	4	1	AV	<b>9</b> %	25		
Shua Aboudi		A2 /	3		AC	3	
Eitan Froom						1	
Yudi Weitz							
Yoni Lauterpacht	8	-		1		2	1
Yoni Young			=				



Slither, strike, and steal the show

Avi's Anacondas go go go!



# Camp Segula Team: Nissim's Ninjas

ivissim	Darketpan Follow	Dascoan Ints	Daytoan KDI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Yitzi Garson	50	1	1	3	2	3	4
Shai Silver	2	1					
Kevin Benbihy		1				1	1
Eli Berktin			1 ,	-1/	5	1	
Daniel Lebowitz	10	3 /	2		1	2	1
Yoni Grunberger		1			Z	3	6
Eli Tauby		1	CC			3	2
David Gabay	12			Щ		3	
Aaron Braun			IIN	JAS	1	11/2	
Ari Kasper		2				1	
Jacob Goldstein	13	2				2	1
Aviel Younger					0	Neta Al	



In the shadows but stealing the show

Nissim's Ninjas, let's go!



### Camp Segula Team: Yoni's Yetis

Numer	Points	Dasconi Ilio	Darkball RDI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Yishai Younger	18	6	2	1	7		3
Ariel Sturm	2	3	1	4	1	2	
Mikey Weiss	5	3			<b>O</b>	4	2
David Barda	37		S	<b>7</b> 22	5		
Aryeh Zahler		3	42	MI			
Ezra Klein	9	1		N	7		3
Yoni Marder		2	7 . A		6		
Kobe Farajun		, mr 1					0
Shloime Krames		2	1 4	4			0
Yosef Osiel					2		
Nechemya London		1					
Yehuda Gabay			_			5	



Snowy stompers, cold and bold

Yoni's Yetis never fold!



# Camp Segula Team: Isaac's Oompa Loompas

Azuiay	Basketball Points	Baseball Hits	Baseball KBI	Soccer Goals	Hockey Goals	Ultimate TD's	Football TD's
Adam Wolfson	13	2	11	3	16	2	1
Idan Rutman	6	T.	-78	5	2 1	3	
Yaakov Lahmany	4	3	1		1	2	1
Yaakov Recht		E		1	1	2	1
Benji Keyfitz	14		À	3	<b>₹</b>	10	5
Eitan Elimelech	11	N		3	2	9	2
Ezra Anbar		7			2		
Ben Blau				4	6	88	1
Asher Kaplan		Un's		4	3		
Gavriel Radcliffe		3	ALO	01117			
Moshe Grunwald							
Asher Kimchi							



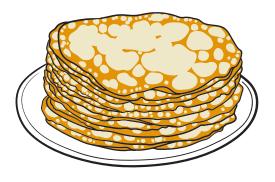
Sweet but sneaky

We're dancing to victory!



# Camp Segula Team: Mendys Mouflettas

Name:	Basketball Points	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Ben Berkowitz	78	3	3	2		1	
Yechiel Tannenbaum	2	2					
Yosef Abramowitz	18	1		1		1	1
Ariel Amurjuev	10						
Meir Rais			6 2		2(1/	1	
Ariel Harris	50	<b>2</b>	de	<b>₩</b>	MEN	DYS <sup>2</sup>	3
Gabe Dodick	9	<b>/</b> /	1		MOUFLE	TIAS	2
Hillel Zahler		1					
Avi Cohen IR IR						2	
Ezra London		1		ENDV		1	
Asher Frenkel				LINDI		1	
Omer Benjamin	32		V	W.L-39	MT	OMOBAL	
Shua Rotman		1				4	



Hot and golden, never flat

Mendy's Mouflettas got it like that!



### Camp Segula Team: Shulmans Sharks

Name:	Basketball Points	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Benny Wolfson	2	111	III M	2		2	
Binny Bernstein						2	
Daniel Rosner	10	1				1	1
Moishy Weinberg	9	<b>N</b> /	2		7		1
Yonah Vaturi	9	1		TYTO	3	2	
Miles Levine	12	2		4.4	2	4	
Levi Ber	31			2		1	
Izzy Elmaleh					1	3	
Ariel Shimonov	8				41	1	
Roee Moshkovitz IR				PTO	1	7	
Reuven Alperovich						1	
David Ohayon	11			1	2	1	
Avraham Ohayon	2				1	1	

One bite, game's done

Shulman's Sharks are number one!



# Camp Segula Team Standings

Team	Wins	Losses	Ties
	9	2	1
ANACONDAS	9	3	0
	4		1
ACTIVE VECTOR	4	8	0
NISSIM'S NINJAS	4	8	0
SHARKS	4	6	2



# EC Camps!



