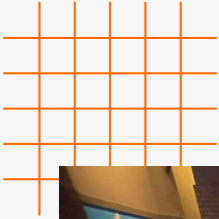


# EC CAMPS

## Weekly Newsletter



**Week 4**



# Shorashim

## WEEK 5 NEWSLETTER – BLAST OFF! 🚀

Hi Parents,

This week was Outer Space Week — and wow, did we launch into it! From water play to glow parties, cupcakes to trampolines, it was one of those weeks that flew by because we were having so much fun.

Your kids brought so much energy, creativity, and joy to everything we did. Here's a little recap of what made Week 5 so special:

### 💧 \*Splash Pad Joy\*

We started the week with sunshine and splashes — always a camp favorite. The kids ran through fountains, giggled with their friends, and made the most of every drop. It was one of those perfect summer days.

### 🎨 \*Space Crafts Galore\*

Our art room was busy this week — and also very sparkly. Campers made rocket ships, alien spaceships, astronaut helmets, and swirling galaxy jars. We loved seeing how proud they were of what they made — and how unique each project turned out.

### 🌙 \*Moon Sand Time\*

Messy, magical, and super fun — the kids made their own moon sand and spent time shaping, squishing, and playing with it. It was such a hit

### 🎯 \*The Great Macaroni Hunt\*

This one brought out everyone's playful side. Campers raced around in teams searching for hidden macaroni. There was a lot of cheering, laughing, and just the right amount of friendly competition.

### 🍰 \*Alien Cupcake Decorating\*

Things got silly (and sweet) during cupcake time! With icing, sprinkles, candy eyes, and endless creativity, campers designed some very unique alien treats. And yes, they were just as fun to eat as they were to make.

### 🌳 \*Park Day Fun\*

Sometimes the best moments are the simplest ones. We spent time at the park this week — climbing, running, swinging, and soaking up the sunshine. Everyone had space to play and just be kids.

### 🧺 \*Pajama Day + Glow Party (Wednesday!)\*

Wednesday was all about comfort and fun. The kids came in their comfiest pajamas, and we ended the day with a glow-in-the-dark dance party that lit up the whole room. We wound down with hot chocolate and marshmallows — a cozy way to end an awesome day.

### 🎢 \*Trip to Air Riderz\*

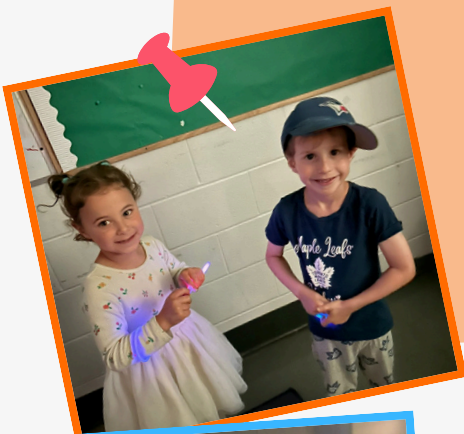
Midweek, we took off to Air Riderz, where campers bounced, climbed, flipped, and flew (okay... jumped) their way through the trampoline park. So many red cheeks and big smiles — it was definitely a highlight of the week.

### 🥖 \*Challah Baking & Shabbos Time\*

On Friday, we slowed things down a little and made our own challah. The kids braided their dough with care, and we wrapped up the week with our Shabbos party. We even had rocket popsicles to close out our space theme on a sweet note.

We can't wait to see what next week brings!

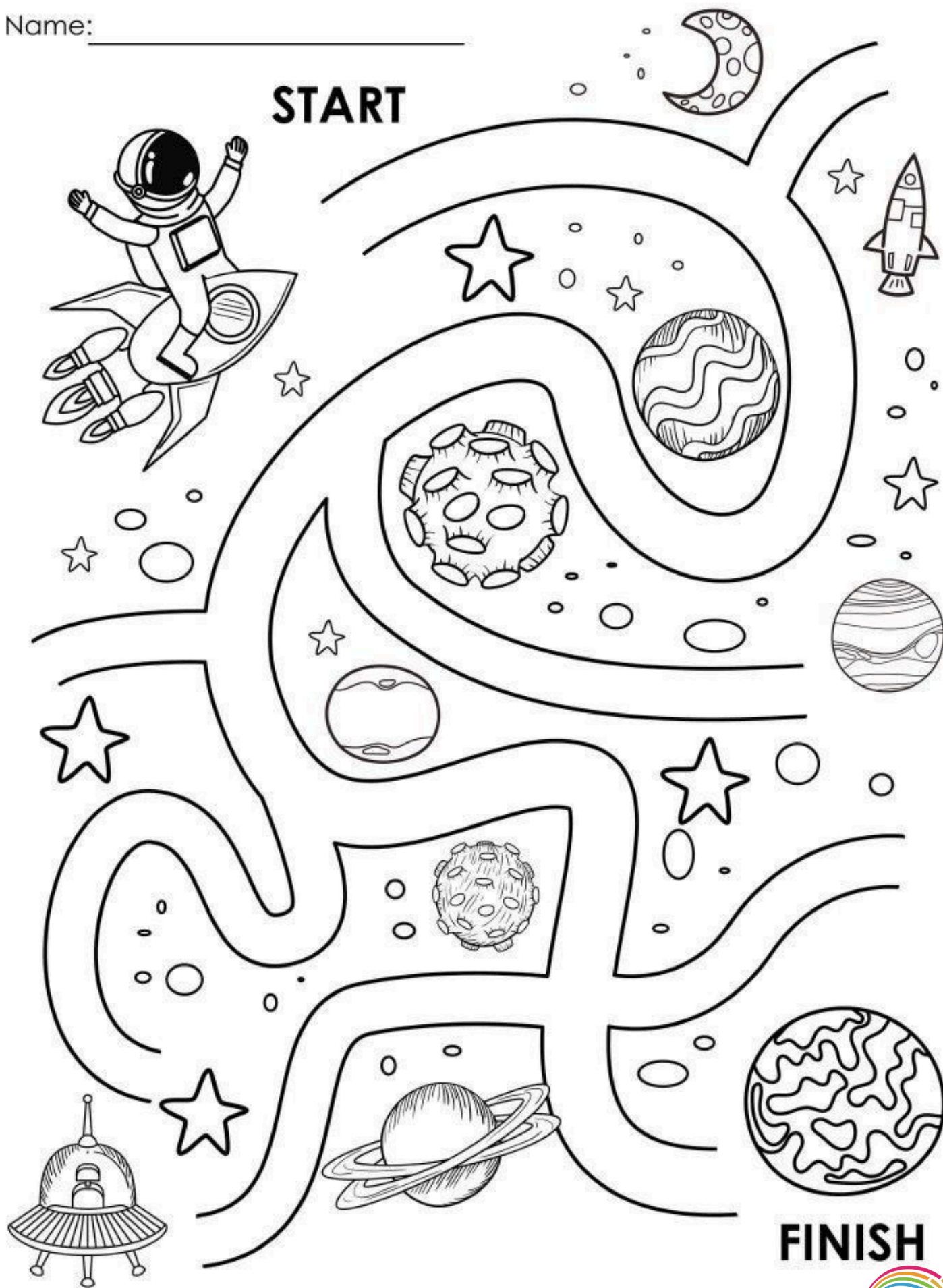
\*Shabbat Shalom,\*  
Alyssa, Shayna & Racheli





Name: \_\_\_\_\_

**START**



**FINISH**



Date:



Count each object and write the number in correct box.



©Worksheets beacon





# Otzros Head Counsellors

Dear Parents,

Baruch Hashem, Week 4 at camp was packed with fun, laughter, creativity, and unforgettable memories! Our journey Around the World continued with exciting destinations, meaningful moments, and so many smiles. Here's a peek into the incredible adventures we shared this week:

Monday took us to PENCILvania – School Day!

Campers stepped into a playful “back to school” spirit with adorable pencil treats made of ice cream cones, marshmallows, and icing — fun and delicious! We had a lively trivia contest and dressed up as school girls, bringing a mix of nostalgia and excitement. Each bunk also enjoyed a themed activity:

- Grades 1–2 played a “Learn About Your Bunk” game,
- Grades 3–4 went on an ABC Scavenger Hunt at Sobeys,
- Grades 5–8 got creative decorating their own binders!

To top it all off, Grades 5–8 had an unforgettable evening at a real Blue Jays game! It was a late night full of team spirit, excitement, and Major League memories!

Tuesday was our full-day trip to Professor's Lake!

The beach was buzzing with joy as the girls splashed, played, and soaked up the sun. Campers enjoyed the on-the-water obstacle courses, and our older bunks even had a chance to go boating! It was the perfect summer day outdoors.

Wednesday was a sandy celebration in SANDiago!

We cooled off with swimming and slurpy walks, created colorful sand chalk art, and ended the day with a fantastic Talent Show where campers shined with confidence and creativity. What a treat to see their talents come to life on stage!

Thursday was a Wild Card Day: ALL AROUND THE WORLD!

Grades 1–4 traveled across continents with a fun rotation visiting Iceland, Africa, Europe, and Australia — each stop brought a different activity and culture to explore. Grades 5–8 took part in a globe-trotting scavenger hunt, racing to finish first. Everyone enjoyed their delicious challah baking and joined in exciting games that had everyone laughing and learning.

We ended the week with an incredible trip to Sherwood Park on Friday!

The splash pad, wading pool, and scenic boardwalk made it a perfect close to the week. And of course, we came together for our beautiful Shabbos party, to end our fantastic week.

We can't wait for the fun, friendships, and memories waiting for us in Week 5!

Hudy Laufer & Shayna Froom





# Start learning the camp song!

**[Intro]**  
Let's go!

**[Verse 1]**  
Segulah, Otzros, Shorashim, Hachaim!  
We are מקדש שם שמיים!  
Trips and leagues, we give our best,  
So much to do – no time to rest.  
So much hype, excitement in the air,  
This is what I've been waiting for all year!

**[Pre-Chorus]**  
Na na na! Na na na-na-na!  
Na na na! Na na na-na-na!  
Let's go E-C!  
Na na na! Na na na-na-na!  
Sing it loud with me!  
Na na na! Na na na-na-na!  
Na na na! Sing it loud with me!

**[Chorus]**  
E-C Camps – the place to be!  
So much fun for you and me!  
Every day, I feel alive –  
This is where we grow and thrive!  
So much Ruach, we're on fire –  
Let's go E-C! 1-2-3, GO!

**[Post-Chorus]**  
Na na na, na na na-na-na!  
Na na na, na na na-na-na!  
Na na na, na na na-na-na!  
Let's gooooo – E-C Camps!



**[Verse 2]**  
Torah, sports, and crazy fun,  
I'm smiling big from day one!  
Every bunk, so much unity,  
At E-C Camps, I feel so free!

**[Bridge]**  
Na na na, na na na-na-na!  
Ohhh oh oh, oh oh oh-ohhh!  
Na na na, na na na-na-na!  
E-C Camps – come sing along!  
Na na na, na na na-na-na!  
Oh oh oh  
Na na na, na na na-na-na!  
Na na na, na na na-na-na!  
Ohhh oh oh  
We sing it loud - we lift it up!

**[Final Chorus]**  
E-C Camps – the place to be!  
So much fun for you and me!  
Every day, I feel alive –  
This is where we grow and thrive!  
So much Ruach, we're on fire –  
Let's go E-C! 1-2-3, GO!

**[Outro]**  
Na na na, na na na-na-na!  
Ohhh oh oh  
Na na na, na na na-na-na!  
Na na na, na na na-na-na!  
Ohhh oh oh  
Na na na, na na na-na-na!

**[Final shout]**  
E-C Camps – BEST SUMMER EVER!



HACHAIM SEGULA OTZROS SHORASHIM SK



# Pencil Cones!!



## Pencil Cones

- You'll need:
  - Mini ice cream cones
  - Large marshmallows
  - Yellow icing
  - Pink icing
  - Melted chocolate
  - Instructions:
1. Erasers: Dip marshmallows in pink icing.
  2. Pencil Body: Dip cone tops into yellow icing.
  3. Stick marshmallow onto cone top with frosting.
  4. Tips: Dip the pointed cone ends into melted chocolate.





# Otzros Grade 1-2



Dear Bunk Sparkles,  
Ahhh!! Time flies!! We can't believe it's been 4 weeks!! Every day was packed with so much energy and fun! From friendship bracelets to gymnastics to baking and art, we were never bored for a minute! Every girl in our bunk means so much to us and we will miss you! We love all of you!!!

♥, Esty Greenspan and Hadassa Goldwasser



**OTZROS**  
CAMPS





## Can you find....

**Goodluck!**



# Otzros Grade 5-8

My favourite camp memory:

Tali: Always swimming in clothing

Shiriel: when Miriam stuck her hand in the garbage

Sarah S: always going to water parks

Miriam: when Shiriel was saying her goodbyes on the top of the Leviathan

Orly: going to Sips

Matana: pushing counselors in the water and skipping with Deena

Avigail: lice check

Naama: playing video games

Ilana: getting into fights with Matana over Sarah Klein

Tehilla: slurpee walks and swimming

Deena: skipping with Matana

Daniella: Dave n Busters

Nechama: Wonderland





# Director's Corner with Mr. Laszlo

Week 4 at Camp HaChaim and Camp Segula was absolutely stacked with energy, spirit, and adventure from start to finish!

At Camp Segula, our theme was "Build It Up" Week — and build we did! Campers worked together on human pyramid walks, gravity-defying tower-building challenges, and other creative activities that reminded us that strong foundations (and teamwork!) lead to amazing things. Over at Camp HaChaim, it was "Food Week," and things got tasty! From the fan-favourite Kitchen Classic to the high-energy Pompom Pow Wow, the fun was served with a side of ruach in every activity.

We kicked things off Monday with Segula's incredible trip to Dave & Buster's — a major hit with everyone, and a nostalgic throwback to the Playdium days of classic Segula outings! Monday and Tuesday also brought some much-needed splashes and smiles with swimming in both camps, helping us cool down and recharge.

Wednesday brought epic trips for HaChaim: Grades 1–2 headed out to Putting Edge for some glow-in-the-dark mini golf action, while Grades 3–5 took on The EZONE, battling it out in laser tag, whirly ball, ping pong, pool, and more! The competition was fierce, and the fun was non-stop.

Then came Thursday — and you could feel the excitement in the air as Leagues Playoffs began in both camps! Every shot, every catch, every cheer mattered as teams gave it their all for a shot at glory.

By Friday, it was time: the First Session Leagues Finals and Trophy Ceremony — the moment we'd all been waiting for. (At the time of writing, the championship outcome is still a mystery... but no matter the winner, the teamwork and sportsmanship we've seen all session long have already made us proud.)

Looking ahead, we're not slowing down — next week, Camp Segula hits up Activate, and Camp HaChaim goes bowling for strikes and smiles! Wishing everyone a Good Shabbos and a restful weekend. Let's come back ready to start off the next session strong!

Mr. Laszlo





# Camp Segula Talmid HaShavua





# Camp Segula Talmid HaShavua





# Camp Hachaim Chinese Auction





# Tzelem Director

As we close out our inaugural summer at Camp Tzelem, it's hard to believe that just a few weeks ago we were wondering what this camp would look like—and now, looking back, it's clear: it became something special. The energy, the growth, and the joy that filled our rooms every day were nothing short of incredible. But most importantly, what stood out beyond all the fun was the way the boys' middos tovos, teamwork, and passion for learning shone through. Whether it was a quiet moment at lunch or during our siyum on the first perek of Pirkei Avos, the way the boys carried themselves made a true kiddush Hashem. I truly learned a lot from every boy, from learning pirkei avos with them with them to watching them interact with each other and play.

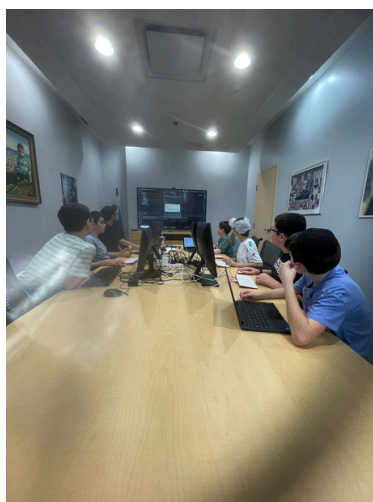
This week was an unforgettable finale. We kicked things off with an epic trip to Dave & Buster's, and each day that followed was packed with ruach and creativity. From launching real rockets 🚀 to friendly competition on the disc golf course 🏌️, to our tech sessions with Mr. McKillop where campers explored Raspberry Pis, robotics, and pixel art—there was always something hands-on and exciting!

We wrapped things up with a 3D printed bath bomb project, an escape room challenge in Kehilla, and most importantly, a meaningful siyum that brought everyone together. A heartfelt thank you to Mr. McKillop for leading our STEM programming with passion and care, and to Sruli Portowicz, our dedicated Executive Director, for always anchoring us in what matters most. Thank you to all the parents for trusting us with your sons this summer. It's been an honour and a zechus. Wishing you all a wonderful rest of the summer!

Rabbi Toledano  
Camp Tzelem Director



# Tzelem campers!

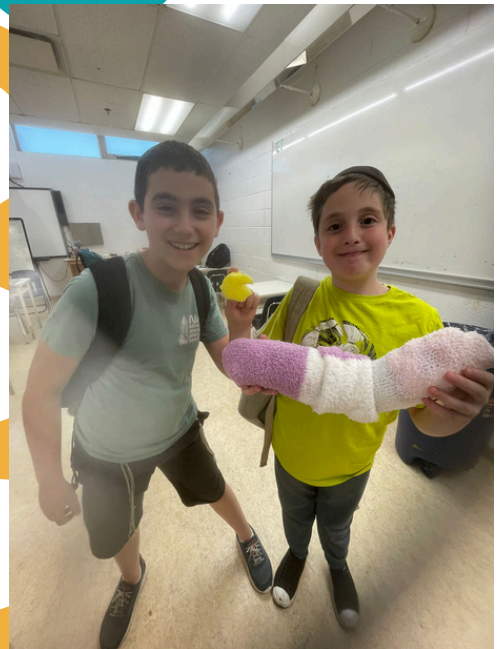




# Egg Drop Competition



The Egg Drop Challenge was a huge hit, with campers working within a \$4 Dollarama budget to protect an egg from a high drop. One camper said it best: "This is so good for us, it teaches us how to be resourceful."



# Camp Hachaim Team: Rotmans Raptors

Name:	Basketball PPG	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Koby kasper		1		1			
Yeh Rutman	12	6	3	1		3	2
Eitan Fixler	6	10	2	4	4	2	7
Huda Haber	39	2	2	9	16	2	2
HENRY FENIG		1	1				
Kobi Edell		4	1	2	6	3	
Eli Stern	2	4	1	4	2	2	
Zachy Frohwein		9	2				
Hillel Herman		2					
Ruvi Tauby		1					
Yedidya Alter	8	7	4			12	

Snap, strike, dominate

Raptors never hesitate!

**HA HACHAIM**  
CAMPS



# Camp Hachaim Team: Nunu's Nightwings

Name:	Basketball PPG	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Yehuda Stochinsky	4	6	4			2	
Shmuel Kass		5	1		1	8	
Nate Miskin	6	7	2	1		1	1
Akiva Tobias	24	4	2			3	3
Yoshi Locomotive	276/ 55.2	5	4	7	1	16	21
FAFA Kartuz	6	10	6			15	
Dov Rosensweig	4			1	1	2	1
Shemuel Benedid						2	1
Avrumi Flusberg			2			1	
Yonatan Fhima		4	2				
Uziel Younger	14	5	4	5		5	
Ami Buzaglo	15	1				1	



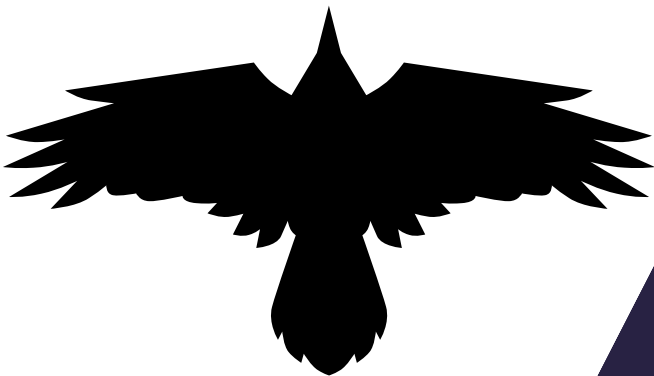
From dusk 'til dawn

we fly on!



# Camp Hachaim Team: Rutmans Ravens

Name:	Basketball PPG	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Koby Aziza		4	3		2	1	1
Ezra Nacson	6	6	5		2		
Naftali Taylor	2	2	2	4			3
Avi Stark	14	10	1			9	2
Yaakov Crombie	12	6	5	2	11	4	6
Dovi Marder		7	4		19	2	
Lev Eizikovitz		9	2		3		
Binyamin stern		2		5	1	3	
Yosef ohayon	33	1	1		10	4	2
Yosef Krepel	12						
Noam kordasz	12	7	1		6	2	9
Shmuel Reichman							



Brains, wings, and major  
flair

Rotman's Ravens own the air!





# Camp Hachaim Team: Jacob's Genies

Name	Disc Golf F.P.G.	Disc Golf Hits	Disc Golf Extra	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Avi Wald		2	3		16		1
Levi Stark		5	3			3	3
Dovid Grossman	2	2	2	0.5	1	3	2
Yair Rosenberg	4	6	5		1	12	3
Ovadia Azulay	26	2	4			1	1
Shua Belzberg	2	5		5.5	32	6	7
Eliyahu Kandinov	6	2		3	5	2	2
Zev Hochman		6	2				
Ariel Zvulony	14	1	1	4		3	
Tzvi London		1					
Moshe Bern		1					
Yedidya Shtup		4				1	1



Magic moves, major  
dreams

Jacob's Genies run the scene!

**HA HACHAIM**  
CAMPS

# Camp Hachaim Team: Nissim Knights

Nissim:	Basketball PPG	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Amram Benmergui	16	16	4	1		3	1
Chaim Cowen	8	14	12	7	5	6	8
Kaleb Blum		2	1	2	2	2	
Mark Benbihiy	50	14	4	32	37	4	1
Yoni Haber	18	10	1	2	5		3
Ezra Levine	6	1		1	1		1
Jack Rapp	2	6	1		1		
David Meckler		4					
Avi Karen							
Avraham Minuk		3	1		1		
Yonatan		4	1				1



Armor shining, spirits  
high

Nissim's Knights ride or die!





# Camp Hachaim Team: Rabkins Razorbacks

Ezzie Rabkin	Basketball PPG	Basketball Hits	Basketball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Yishai Wagowsky		11	7				
Caleb Berkowitz	8	7	4				1
Leib Recht	14	16	2	2		1	2
Gadi Lauterpacht	18	13	6	1	9	1	1
Aaron Rosner	10	14	9	3	11	6	7
Benny Barda		12	7	2		1	
Ezra Levy	26	4	3	1	9	5	2
Chaim Piha		1	1				
David Mostovoy		2	1				
Ezra Gelkopf		12	3		5	1	
Elior Schiffman		4	2		8	2	1




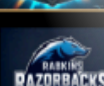




Hooves down, heads strong

Razorbacks charge all game long!



# Camp Hachaim Team Standings

Team	Wins	Losses	Ties
	15	8	2
	15	8	2
	12	9	4
	10	13	2
	9	14	2
	8	17	0



Standings for the week

Go Camp Hachaim!





# Camp Segula Team: Avi's Anacondas

Avi Dayan	Basketball Point	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Mordi Kadoch	145	8	12	13	14	9	9
Joam Lapidus		1		4		2	2
Levi Stark	7	6	6	1		12	1
Ami Fenig		2	1			2	
Ezra Levy	2	8	1			8	2
Moshe Posner	8	3			2	4	
Aron Edell	4	3	1	2	17	5	1
Moshe Bobrowsky		2					1
Gavi Durbach		3	2				
Shua Aboudi	2	4	4			6	
Yudi Weitz IR	146	2					
Yoni Lauterpacht	21	5	4	1	2	8	3
Yoni Young							



Slide, strike, silent win

Avi's Anacondas slither in!

# Camp Segula Team: Nissim's Ninjas

Nissim	Basketball Points	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Yitzi Garson	88	3		3	3	4	8
Shai Silver	6	2	1			1	
Matthew keslassy	6	2	1		2		3
Moshe Buzaglo	6	3	1				
Daniel Lebowitz	10	4	4		2	2	3
Yoni Grunberger		5	4			5	9
Eli Tauby	2	2			7	6	3
David Gabay	27	1	1			3	1
Aaron Braun	2				1		1
Ari Kasper		4	1			7	1
Jacob Goldstein	25	8	1			5	5
Aviel Younger							
David Azulay	4	1					1



Quick feet, quiet fight

Nissim's Ninjas own the night!





# Camp Segula Team: Yoni's Yetis

Name:	Basketball Points	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Yishai Younger	60	14	9	1	19	2	6
Ariel Sturm	8	5	2	1	18	6	2
Mikey Weiss	9	7				7	2
David Barda	95	1		2	6	4	1
Aryeh Zahler		7	10		2		
Koby Farajun		1				1	
Yoni Marder		5			12	2	
Benji Keyfitz	44	4	2	5	18	14	5
Shloime Krames		3	1				1
Yosef Osiel	4	1			4		
Nechemya London		2					
Yehuda Gabay		1	1			2	



Cool, calm, mountain  
tough

Yoni's Yetis bring the stuff!

# Camp Segula Team: Isaac's Oompa Loompas

Azulay	Basketball Points	Baseball Hits	Baseball RBI	Soccer Goals	Hockey Goals	Ultimate TD's	Football TD's
Adam Wolfson	47	7	6	4	24	7	5
Idan Rutman	26	11	11		1	3	2
Yaakov Lahmany	34	8	2		1	4	2
Yaakov Rechl	4	7	2	1	1	5	2
Ezra Klein	32	5	2			2	4
Eitan Elimelech	34	5	1	3	5	18	5
Ezra Anbar		3	3		4	2	
Ben Blau	4	3	1	2	10	11	3
Moshe Grunwald		2					
Gavriel Radcliffe		1	1				
Kevin benbihi a							1
Asher Kimchi		1					
Netanel Davids	3	2	2				



We're sweet, we're slick,

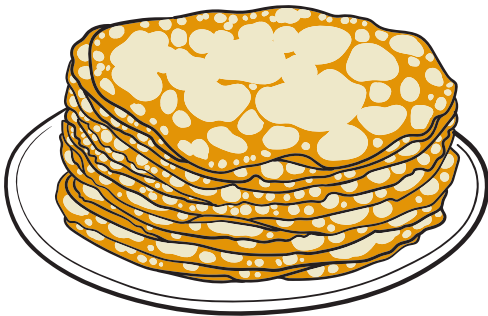
and built to win quick!





# Camp Segula Team: Mendys Mouflettas

	Handball Goals	Handball TD's	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S	
Ben Berkowitz	118	7	5	2	4	1	2
Yechiel Tannenbaum	7	3					
Yosef Abramowitz	39	8	5	1	3	1	2
Raphael Zvulony	2	2	2				1
Meir Rais IR		2	1	1	(2L)	1	
Ariel Harris	80	8	6	2	MENDYS MOUFLETTAS	2	3
Kevin Benbihi	2	2	1				1
Hillel Zahler							
Jesse Black	11	1		1		3	
Ezra London		3	1				
Asher Frenkel						2	
Jacob Goldstein	30	11	5			5	5
Shua Rotman	2	8	3			6	

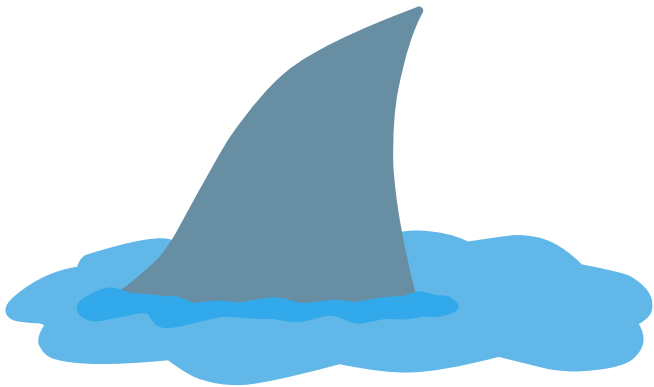


Golden crisp, full of zest

Mendy's Mouflettas beat the rest!

# Camp Segula Team: Shulmans Sharks

Name	Basketball Points	Basketball Hits	Basketball RBI	Soccer Goals	Hockey Goals	Ultimate TD'S	Football TD'S
Benny Wolfson	7	2	1	4		6	2
Binny Bernstein	4	2	1			9	
Daniel Rosner	14	2	4			1	1
Moishy Weinberg	22	2	2			2	4
Yonah Vaturi	27	7	10		8	6	1
Miles Levine	14	5	1		3	9	
Levi Ber	37	5	3	4		4	1
Izzy Elmaleh	4	3			1	7	
Ariel Shimonov	10	3			1	5	1
Roe Moshkovitz IR					1		
Reuven Alperovich		2					
David Ohayon	25	3		6	9	12	1
Avraham Ohayon	22	3	5	2	9	6	









Sink or swim? We only bite

Shulman's Sharks bring the fight!





# Camp Segula Team Standings

Team	Wins	Losses	Ties
	19	8	1
	16	7	5
	12	13	3
	10	13	5
	9	17	2
	8	16	4



Standings for the week

Go Camp Segula!



**EC Camps!**

**BEST**

**WEEK**

**Ever**



**CAMPS**

HACHAIM SEGULA OTZROS SHORASHIM SK